

CAMBRIDGE GOJU RYU NEWSLETTER



First of all thank you for your support over the first year of the Cambridge Goju Ryu Karate club. It has been a very exciting year, starting out with a degree of trepidation getting the club up and running, but it has been very worth while. We have a small but dedicated group of students (which we are hoping to add too!) and it has been great to see the beginners improving each week. The first grading was held in September with 3 students passing their 9th kyu (yellow belt) examination.

We have also kept busy with training further afield, attending the Hereford training weekend with Sensei George Andrews, 7th dan and Sensei Tony Smith, 5th dan. In July we attended the IOGKF European Gasshuku in Denmark, where we trained with over 800 students and Senior Instructors from across the work including the IOGKF Chief Instructor, Sensei Morio Higoanna, 10th dan. In October we trained and assisted at the Harlow Dojo Fun day, which was such a success it will be repeated this year.

Once again thank you all for your support and training over this first year and we look forward to the next!

Sensei Martin and Louise Stockley
January 2011

Instructor update –

Sensei Martin was successful in his Nidan Grading in September. Congratulations to him on his achievement!

Additional regular training:

Harlow Dojo – Saturday 10.30-12.00
www.essexgojuryukarate.org.uk

All Grades Training:
London Honbu Dojo, first weekend of every month 11.00-14.00
www.otgka.co.uk/courses

Future Events:

Special Class – Sensei Dave Amber, 4th Dan & Sensei Malcolm Howlett, 4th Dan Seijinkai – Date TBC

IOGKF European Gasshuku – 25-29th July – Oporto, Portugal

For more news and updates follow us on Twitter or Facebook or see our website www.cambridge-gojuryu.co.uk

We look forward to training with you all over the next year and if you enjoy training with us – please tell your friends!!!